

## **Bernie Riley**

### **Head of Telenursing and Supportive Care Programs, Prostate Cancer Foundation of Australia, *SYDNEY***

Bernie Riley is a registered nurse with a passion for supporting men and families following prostate cancer diagnosis.

After spending 11 years as a Clinical Nurse Specialist-Urology at North Shore Private Hospital, Sydney, Bernie became a Prostate Cancer Specialist Nurse in a private, not-for-profit health service at Macquarie University Hospital.

More recently, Bernie joined the Prostate Cancer Foundation of Australia as Head of Telenursing and Supportive Care Programs. Here he leads the national telephone-based nursing and counselling service, handling queries from men and families affected by prostate cancer.

Since its launch in 2021, the service has handled more than 14,000 cases, and delivered 2,500 prostate cancer specific counselling sessions.

Armed with 20 years of experience, Bernie has worked across regional and metropolitan, private and public health services.

“Approximately one in every three men over the age of 40 experiences some degree of erectile dysfunction (ED), with problems increasing with age. These problems can get worse after treatment for prostate cancer.

“Problems with erections are most likely to occur after surgery or radiation therapy, but hormone therapy and focal therapy can also cause erection problems,” said Bernie.

“The good news is, there are a range of options for managing ED. We provide support for men who want individualised and evidence-based information on treatment options, relationship support, and self-management strategies.

“Men and their partners can reach out to PCFA on 1800 22 00 99 to speak with a specialist nurse,” Bernie said.

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To coordinate an interview with Bernie Riley, please contact:

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