



**Adjunct Professor Sally Sara**  
Director of Nursing,  
Prostate Cancer Foundation Australia, *ADELAIDE*

Sally Sara is the Director of Nursing for the Prostate Cancer Foundation Australia (PCFA), leading a team of more than 110 specialist prostate cancer nurses in every State and Territory in Australia.

A clinician researcher and PhD candidate, Sally also holds a Master of Clinical Nursing and has over 35 years of nursing experience in a broad range of specialty areas, with a strong interest in improving health care and quality of life outcomes for men diagnosed with prostate cancer.

Sally is an elected Councillor, and the Australia and New Zealand Urological Nurses Society (ANZUNS) representative on the Coalition of National Nursing and Midwifery Organisations, and represents the Australian College of Nursing on the Cancer Australia Intercollegiate Advisory Group.

She holds an Adjunct Professor of Nursing position at the University of Southern Queensland, and is an Adjunct Associate Professor (Industry) at the University of Technology Sydney.



“At PCFA we have a team of over 110 Prostate Cancer Specialist Nurses located around Australia who are trained to support men and their partners experiencing side-effects of prostate cancer treatments, including erectile dysfunction (ED).

“Erectile dysfunction can lead to feelings of distress, frustration, shame, anger, and inadequacy, increasing men’s risks of anxiety and depression. ED can also lead to feelings of emasculation and humiliation, and decreases in self-confidence and self-worth,” said Sally.

“Those impacted by ED can call PCFA on 1800 22 00 99 for a confidential consultation with a Specialist Nurse about management and treatment options.”

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To coordinate an interview with Sally Sara, please contact:  
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