

Kay Talbot

R.N., B.App.Sc., Cert Continence Mgt, Dip Mgt,
Prostate Care Nurse, Cert IV Health Admin
Nurse Consultant-Urology Prosthetics, *TORQUAY VIC*

Kay Talbot is a Torquay-based Nurse Consultant-Urology Prosthetics who provides education and advocacy support to people undergoing or having undergone urologic prosthetic surgery.

With a 30+-year-strong background in urological nursing, Ms Talbot has worked in both acute care and private practice.

She is a founding member of the Victorian Urological Nurses Society (VUNS), inaugural President and meeting Convenor of the Australia and New Zealand Urological Nurses Society (ANZUNS), inaugural life member of AUZUNS, and inaugural Chair of the Society of International Urology Nurses Symposium (SIUNS).

Her clinical interests include continence management, nursing education, and the nursing management of patients undergoing reconstructive and prosthetic surgery, particularly restoration of quality of life following radical prostatectomy.

Ms Talbot has extensive experience in the treatment of erectile dysfunction (ED), also known as impotence. This is a common urological problem¹ involving the inability to achieve, and maintain a sufficient erection for sexual activity.^{2,3} She consults patients undergoing penile prosthetics – designed to be a permanent, long-term solution⁴ implanted into the penis, offering concealed support for an erection.^{5,6}

Including working in a number of specialist urology settings over the years, Ms Talbot spent 12 years managing a multidisciplinary urology practice in Melbourne, which provided her with exposure to all aspects of business management, human resources, nursing management, and clinical research into comprehensive approaches to urological patient care.

“Erectile dysfunction can cause feelings of sadness, depression, anxiety, anger, frustration, and embarrassment related to sexual activity.

“As a specialist nurse working in urology, I want patients to know that finding a treatment option that works for you, removes both the fear of not maintaining an erection, and losing intimacy with your partner.

“Finding a treatment option that works for patients, can return feelings of ‘maleness’ to the man not able to achieve or maintain an erection, and equally can return ‘spontaneity’ to a couple’s intimate relationship, as well as relieve many of the feelings associated with ‘performance anxiety’,” said Ms Talbot.

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To coordinate an interview with Kay Talbot, please contact:

Kirsten Bruce and Samuel Jacobs, VIVA! Communications

M 0401 717 566 | 0422 654 404

T 02 9968 3741 | 02 9968 1604

E kirstenbruce@vivacommunications.com.au | sam@vivacommunications.com.au

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